



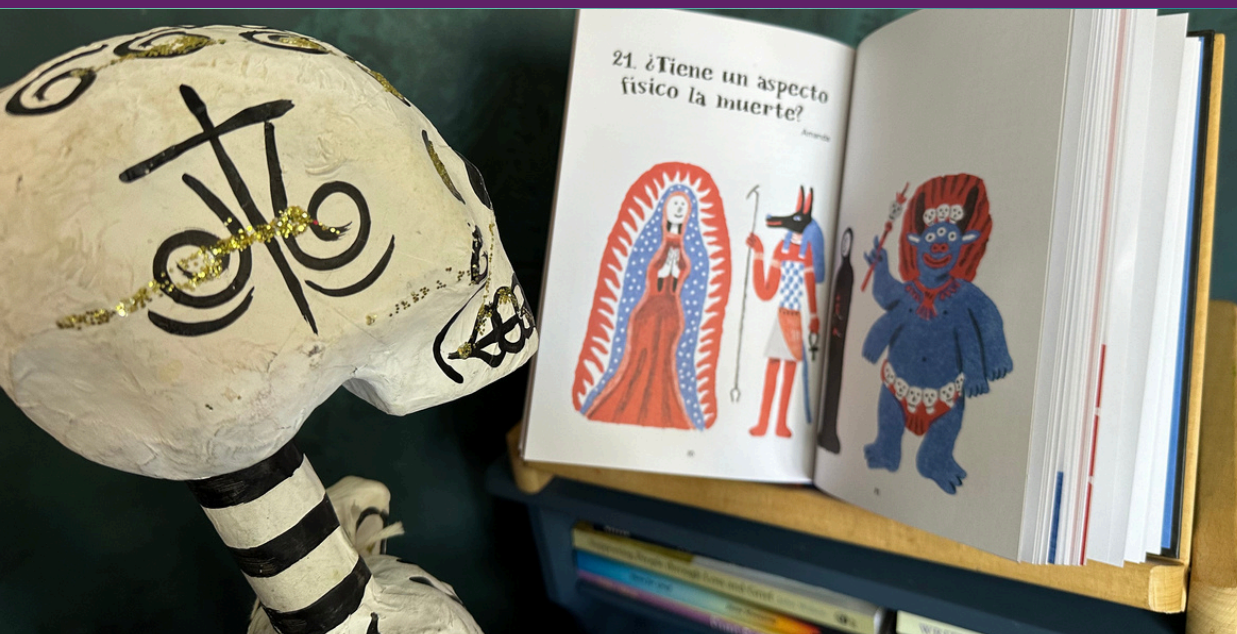
Stories, Songs & Creativity to talk
about Death with Children



The Tree of Memories aims to bring the subject of death to children in a gentle, playful and sensitive way, through storytelling, music, interaction, group sharing and deep listening.

The youngest children will listen to 'The Memory Tree', the illustrated album by Britta Teckentrup. The older ones will listen to a personalised version of a traditional Scottish tale about Muffin, a cherished rabbit, who is buried under a tree.

In an atmosphere of trust, we will share experiences, emotions and doubts about death and there will be a space to express around our personal losses on a 'leaf' of a symbolic tree, which will grow with creativity, colour and love to become part of the forest of life.





Technical Information

Storyteller: Jennifer Ramsay

Musician: Isabel Mochales

Languages: Spanish or English

Duration: 60 minutes approx

Public: Families. Children between 5 and 11.

It can also be adapted for teenagers.





Jennifer Ramsay is a Gestalt psychotherapist, specialised in art therapy, psychodrama and ecotherapy.

She is also a professional storyteller and facilitates workshops to explore the symbolic world of fairy tales and to discuss sensitive issues such as death, grief and climate change.

Jennifer works with the rhythms of nature and invokes the wisdom of ancient stories to raise awareness of current environmental and social issues. Her creativity is inspired in the dawn of humanity, when we used to listen to stories around the ancestral fire to connect with ourselves, our clan and the universe.

Isabel Mochales is a humanistic health psychotherapist, specialised in psychodrama and therapies of emotional liberation and trauma work.

As a result of integrating music into the therapeutic process, she has become aware of the healing power of the arts as well as the spiritual aspects involved in all these phenomena. Her most recent work focuses on accompanying end-of-life, bereavement and death processes, not only in the psychotherapeutic area but also in the ludic and artistic area with children and families. She has also completed the university training 'Spiritual accompaniment for healthcare professionals' managed by the Spanish Society of Palliative Care (SECPAL).



Contact



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