## Las Hilanderas

Life and Death in Spiral









### Summarv

We twist and turn in movements of contraction and expansion within an imagined universe. Within it, life and death follow one another like infinite cycles, forming part of the mystery of existence.

From a artistic, playful point of view,
Jennifer Ramsay and Isabel Mochales
accompany you on a journey of story and
song around the world, where together we
give death its rightful place alongside life in
this infinite cycle.

Always on the move, the spinners of ancient Greece will transport us to Cameroon, Mexico, Turkey and Scotland through a golden thread that connects oral storytelling, song and live music, passing through places of inner and outer listening.

Here we enter the circular dimension of the wheel, spinning each event to reflect on the fear of death and the game of life.

# Artistic & Technical Information



### Bios

Isabel Mochales has combined the classical training and the rich voices of her parents from her childhood with multidisciplinary artistic formats. When she was working as a psychologist in Madrid, she took part in folk, medieval and world music ensembles in choirs and multi-instrumental groups.

On her return to Asturias she decided to combine psychology with the power of the arts, creating the Concertino project where professionals from different fields bring the arts and care to the beginning and the end of life. She also sings and plays the harp in Cantvs Astvricvm, mixing arts and medieval music, nature trails, medicinal plants and meditation.

Jennifer Ramsay is a professional storyteller rooted in the Celtic tradition. She also facilitates interactive workshops to discuss sensitive issues such as death and climate change by weaving together traditional stories from around the world with her training in psychotherapy, art therapy and psychodrama.

Jennifer works with the rhythms of nature and invokes the wisdom of ancient stories to raise awareness of current environmental and issues.

Her creativity is inspired in the dawn of humanity, when we used to listen to stories around the ancestral fire to connect with ourselves, our clan and the universe.

#### Contacts



www.concertino.es