

The Tree of Memories



Stories, Songs & Creativity to talk
about Death with Children



The Tree of Memories aims to bring the subject of death to children in a gentle, playful and sensitive way, through storytelling, music, interaction, group sharing and deep listening.

‘The Memory Tree’, Britta Teckentrup’s illustrated album will be the lead story for the little ones. Older children and teenagers will listen to a personalized version of a traditional Scottish tale about Muffin, Jennifer’s pet rabbit, who died when she was a child.

In a safe space we will share experiences, emotions and doubts about death and there will be an invitation to express our personal losses on a ‘leaf’ of a symbolic tree, which will grow with creativity, colour and love to become part of the forest of life.





Technical Information

Storyteller: Jennifer Ramsay

Musician: Isabel Mochales

Languages: Spanish or English

Duration: 60 minutes approx

Public: Families. Children between 5 and 11.

It can also be adapted for teenagers.





Jennifer Ramsay is a professional storyteller rooted in the Celtic tradition. She also facilitates interactive workshops to discuss sensitive issues such as death and climate change by weaving together traditional stories from around the world with her training in psychotherapy, art therapy and psychodrama.



Jennifer works with the rhythms of nature and invokes the wisdom of ancient stories to raise awareness of current environmental and social issues. Her creativity is inspired in the dawn of humanity, when we used to listen to stories around the ancestral fire to connect with ourselves, our clan and the universe.

Isabel Mochales is a humanistic health psychotherapist, specialised in psychodrama and therapies of emotional liberation and trauma work.

As a result of integrating music into the therapeutic process, she has become aware of the healing power of the arts as well as the spiritual aspects involved in all these phenomena. Her most recent work focuses on accompanying end-of-life, bereavement and death processes, not only in the psychotherapeutic area but also in the ludic and artistic area with children and families. She has also completed the university training 'Spiritual accompaniment for healthcare professionals' managed by the Spanish Society of Palliative Care (SECPAL).



Contact



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